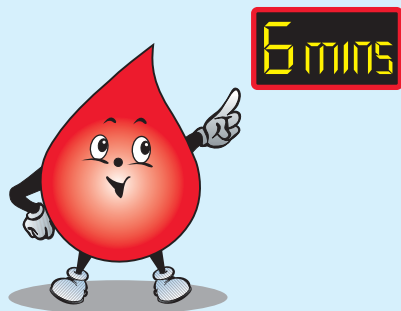
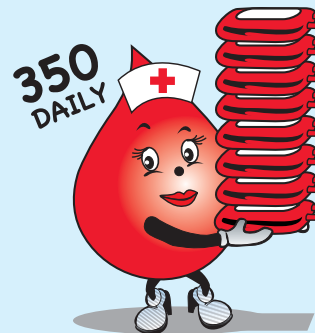


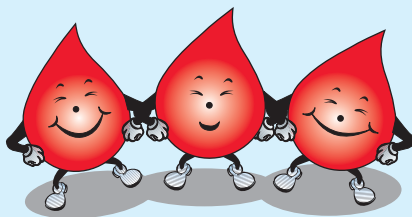
We need your help, urgently.



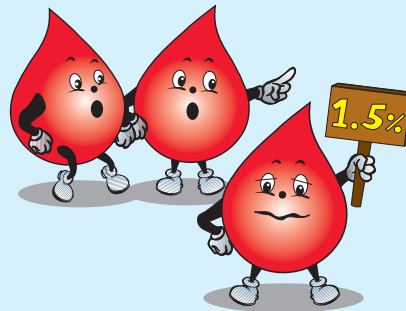
Every 6 minutes, someone is in need of blood or blood product.



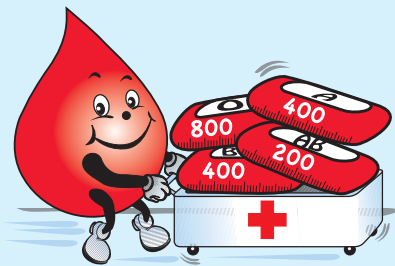
350 units of blood are needed everyday to save lives.



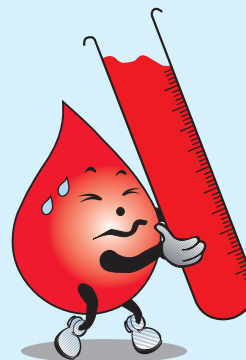
1 bag of blood can save up to 3 lives.



Only 1.5% of Singapore's population donates blood regularly.

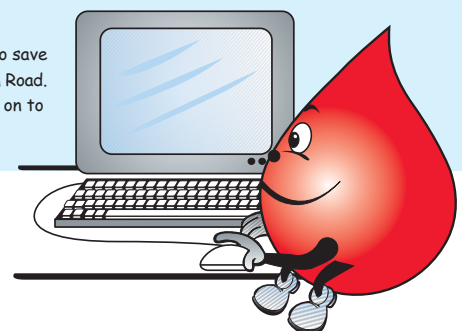


The ideal daily blood stock is 800 of O type blood, 400 each for A and B, and 200 for AB



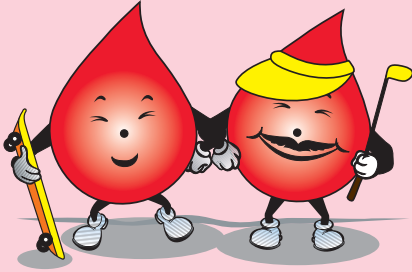
Singapore needs 120,000 units of blood annually to meet the needs of all hospitals.

All it takes is just 60 minutes of your time today, to save lives tomorrow. Visit the Bloodbank@HSA at Outram Road. For more information, please call 6220 0183 or log on to www.redcross.org.sg or www.donorweb.org.



Give **Blood**. Give Life.

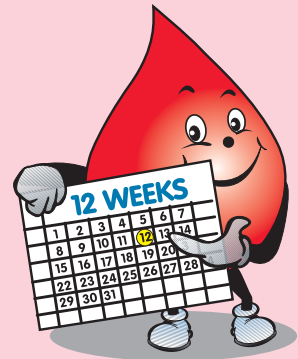
All you need to know about donating blood.



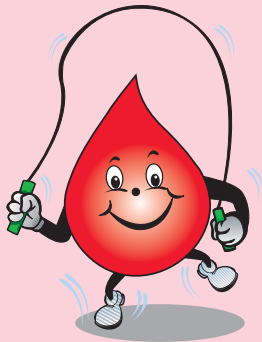
You must be between 16 to 60 years old.



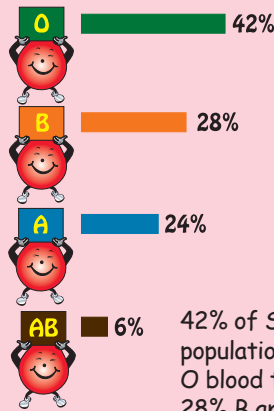
You weigh at least 45kg.



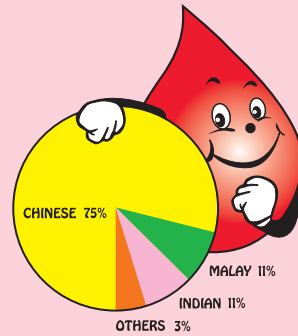
You can donate blood once every 12 weeks.



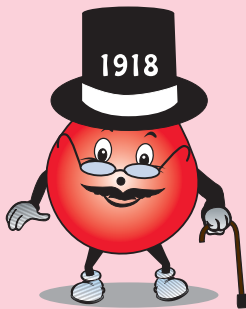
You are generally healthy and not taking any form of medication.



42% of Singapore's population belongs to O blood type, 24% A, 28% B and 6% AB.



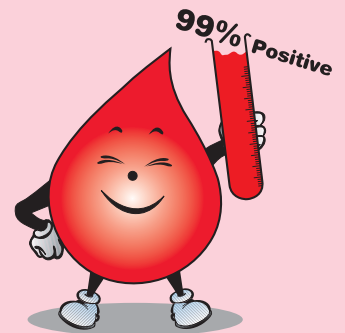
75% of Singapore's blood donors are Chinese, 11% Malays, 11% Indians and others 3%.



The first human-to-human blood transfusion took place in 1918.

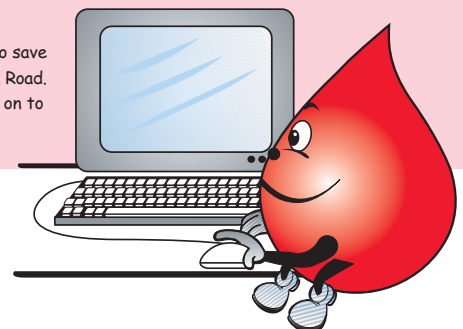


One unit of blood can be processed into 3 blood products to treat different medical conditions.

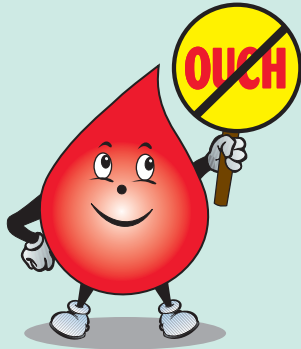


More than 99% of Singapore's population is rhesus-positive.

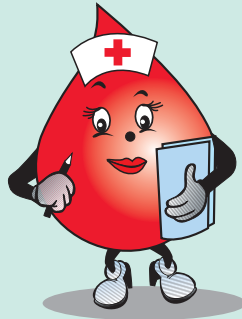
All it takes is just 60 minutes of your time today, to save lives tomorrow. Visit the Bloodbank@HSA at Outram Road. For more information, please call 6220 0183 or log on to www.redcross.org.sg or www.donorweb.org.



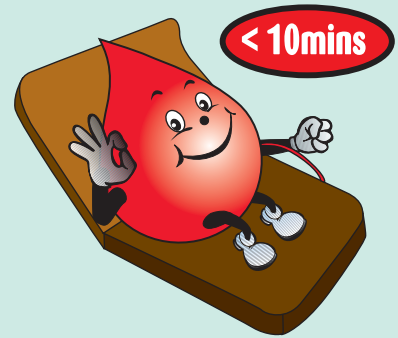
Don't worry, here's all you need to know about blood donation.



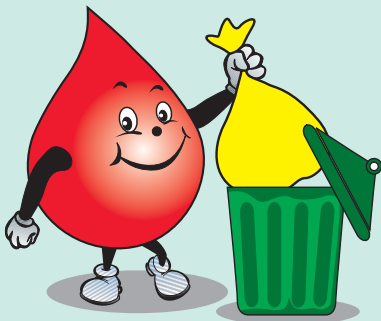
Blood donation is not painful because a local painkiller is applied.



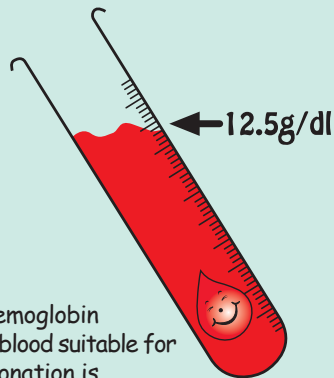
All blood collections are conducted by professionally trained staff.



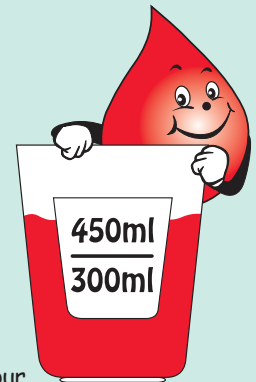
Blood donation takes no more than 10 minutes to help save up to 3 lives.



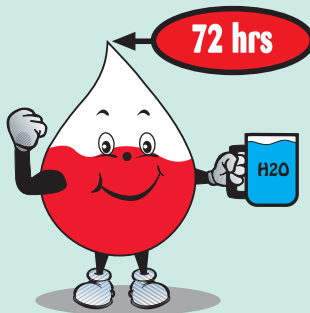
All blood collection instruments are disposed after each use.



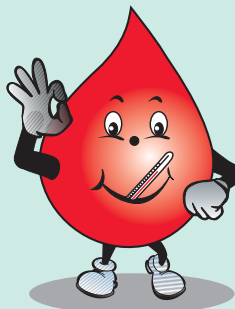
The haemoglobin level of blood suitable for blood donation is at least 12.5g/dl.



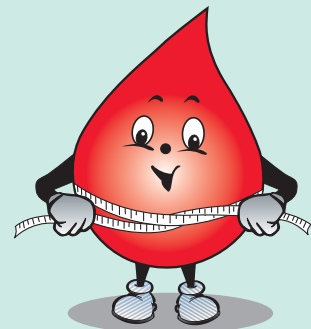
About 300 to 450ml of blood is taken at each donation, depending on your body weight.



Blood volume donated will be replaced by the body within 72 hours with sufficient intake of fluids.

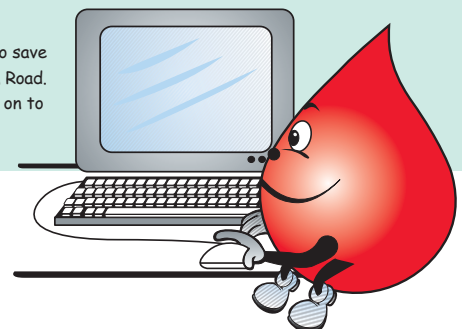


Each unit of blood is screened for HIV, Hepatitis B & C and Syphilis.



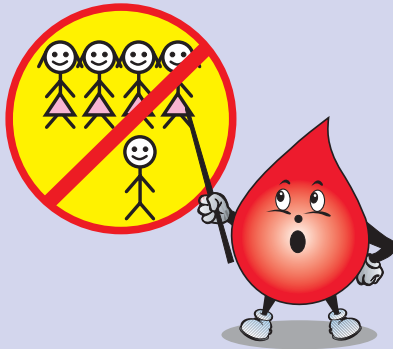
Blood donation does not lead to weight gain.

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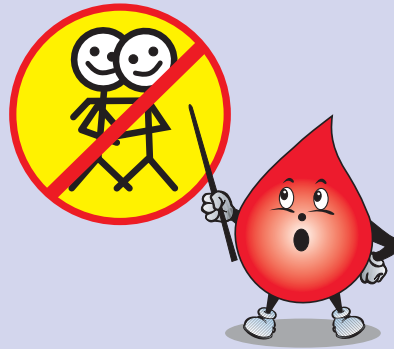


Give **Blood**. Give Life.

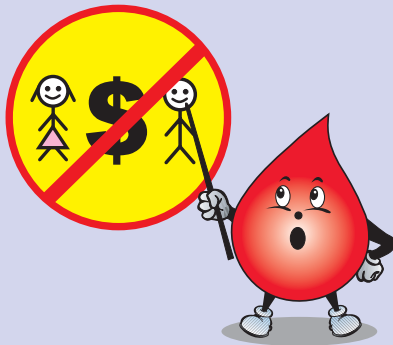
Please do not donate blood if you engage in high-risk activities.



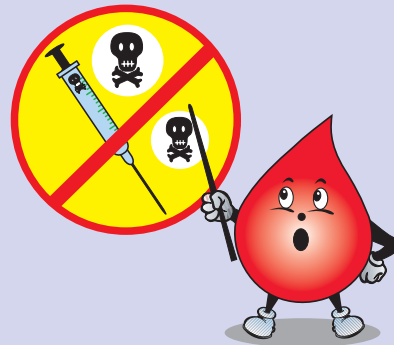
Have multiple sex partners.
DO NOT DONATE.



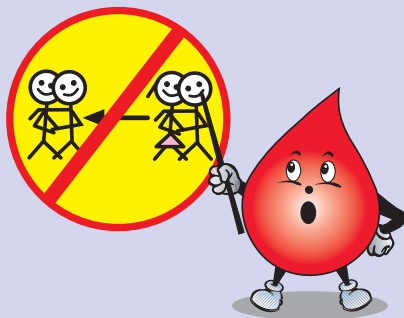
Indulged in same-sex intercourse.
DO NOT DONATE.



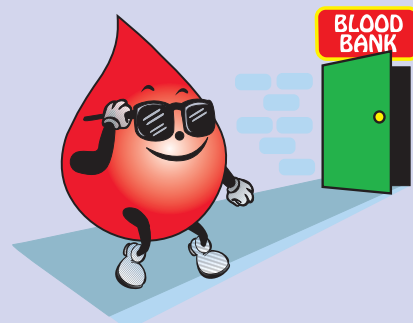
Visited prostitutes or paid for sex.
DO NOT DONATE.



Intravenous/recreational drug abuser.
DO NOT DONATE.

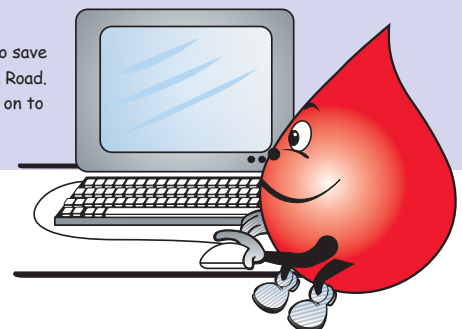


Have sex with a male whom you know or suspect to have had sex with another male.
DO NOT DONATE.



Using the blood bank for a free HIV/AIDS blood test.
DO NOT DONATE.

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